



NFP Teacher Training Program—Renewal of Approval

NFP Program, Secretariate for Laity, Marriage, Family Life, and Youth, United States Conference of Catholic Bishops,
3211 4th St., N.E., Washington D.C. 20017; 202-541-3240; nfp@usccb.org

Program _____

Director _____

Address _____

City _____ **State** _____ **Zip Code** _____

Phone _____ **E-mail** _____

Website: _____ **Previous Date Approval Awarded:** _____

This form correlates to the *Standards for Diocesan NFP Ministry*, Section IV, Standards for NFP Teacher Training Programs.

Please answer the questions below and provide documentation where requested. Note that a new form for the couple/client curriculum will have to be submitted if any substantive changes were made to the curriculum in the last five years.

Standards for NFP Teacher Training Programs—Renewal

Check “YES” or “NO” to indicate if there have been changes in your NFP teacher training curriculum over the last five years. Submit the appropriate documentation per each revision.

- | | | |
|------------|----|---|
| __YES __NO | | A. Philosophy and Church Teaching. |
| | | B. Natural Family Planning Methodology ... |
| __YES __NO | 1. | Historical overview of the natural methods of family planning. |
| __YES __NO | | Respect for all NFP methods. |
| __YES __NO | 2. | Scientific effectiveness studies of NFP methods for both achieving and avoiding pregnancy. |
| __YES __NO | 3. | Male/female reproductive anatomy and physiology. |
| __YES __NO | 4. | Basic information on the prenatal development of the human person. |
| __YES __NO | 5. | Fertility signs, including the role of basal body temperature, cervical mucus, cervical changes, and other symptoms of the female fertility cycle. |
| __YES __NO | 6. | Observing, charting, and interpreting the sign(s) of fertility appropriate to the specific NFP methodology. |
| __YES __NO | 7. | The phases of the reproductive life cycle and special circumstances, including breastfeeding. |
| __YES __NO | 8. | Guidelines for achieving and avoiding pregnancy in special circumstances and in all phases of the reproductive life cycle, including the teaching of abstinence from genital contact and sexual intercourse during the fertile phase of the cycle as the means of avoiding pregnancy. |
| __YES __NO | 9. | Instruction on follow-up procedures and couple/client autonomy. |
| __YES __NO | C. | Education about contraception (especially its harmful side effects), sterilization, abortion, and reproductive technologies. |
| __YES __NO | D. | Marriage and Family Life Education ... |
| __YES __NO | 1. | The couple/client’s need for communication, growth in their marital relationship, and the integration of periodic abstinence into their lives. |
| __YES __NO | 2. | Information on current trends in marriage, family life, and fertility in American society. |

E. Training in teaching and communication skills ...

__YES __NO

1. An understanding of the proper role and limitations of the NFP teacher, the need for ongoing self-evaluation, continuing education, and access to reliable NFP resources.

__YES __NO

2. Basic communication and problem-solving skills, as well as the ability to recognize when to make appropriate referrals and the process for doing so.

__YES __NO

3. Compassion, tact, discretion, confidentiality, and patience in teaching and follow-up.

__YES __NO

4. Principles of the teaching/learning process, and characteristics of the adult learner.

__YES __NO

5. Use of a variety of educational and class planning strategies.

F. Training in program management that provides ...

__YES __NO

1. An understanding of the importance of cooperation with diocesan NFP programs and the United States Conference of Catholic Bishops' NFP Program.

__YES __NO

2. A couple/client education program that meets the standards under Section III [of the *Standards for Diocesan NFP Ministry*].

NOTE: Please complete only the sections of the Client/Couple Education Assessment form, where substantive revisions have been made. Available at uscgb.org/resources/Step%203%20Client%20Curriculum_0.pdf

__YES __NO

3. Rationales and instruction for record keeping, confidentiality, and program management.

__YES __NO

4. Information on strategies for recruiting clients, community outreach, and public relations.

G. Faculty who are ...

__YES __NO

1. Competent in their area of expertise.
NB: Please attach faculty resumes for only the those who have joined the program in the last 5 years.

__YES __NO

2. Experienced, method certified NFP trainers with current knowledge and respect for all NFP methods.
NB: Please attach resumes for only those trainers who have joined the program in the last five years.

- __YES __NO H. Teaching environments that are professional, facilitate learning, safe and/or secure that convey respect for the teacher-candidate, and include ...
- __YES __NO 1. For on-site instruction, comfortable and clean environments with appropriate digital and hard-copy resources.
- __YES __NO 2. Professional virtual platforms that are easy to use, secure, and provide timely feedback to and support of the teacher trainee.
- I. Teacher evaluation that utilizes ...
- __YES __NO 1. Objective tests and other appropriate means that evaluate the teacher candidate's knowledge of the content cited above.
- __YES __NO 2. A supervised practicum (either on-site or virtual) consisting of ...
- __YES __NO a) An assigned supervisor to the teacher candidate.
- __YES __NO b) The teacher candidate teaching at least six couples/clients, in various reproductive circumstances, with follow-up until the clients reach autonomy and/or demonstrate adequate method understanding.
- __YES __NO c) Ongoing guidance, assessment, evaluation, and documentation of the teacher candidate's progress by the supervisor.
- J. Teacher Training program evaluation that provides ...
- __YES __NO 1. Periodic evaluation of the curriculum by the faculty.
- __YES __NO 2. Evaluation of the teacher/learning process by the teacher candidates.

Additional Comments

Please attach any comments or information that you would like to provide and that is not covered in this form.

(Signature)

(Date)